School Nurses & Secondary Transition

What does a school nurse do?

- **♦** Enforce compliance with immunization requirements
- Disaster preparedness and emergency protocols
- Manage the care of students with chronic medical conditions
- Health education of students and staff

About.com Health Careers

AND....

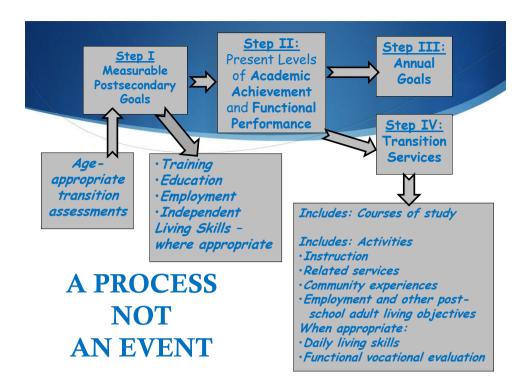
♦ As a school nurse you will be advocating for patients' welfare; treating injuries and illnesses; working to prevent the spread of disease or the proliferation of unnecessary accidents; effectively organizing patients' records and casework; and communicating with teachers, parents, and administrators regarding health related matters.

Alternative Careers in Education

AND.....

School nursing is a specialized practice of professional nursing that advances the well being, academic success and life-long achievement and health of students. School nurses facilitate positive students responses to normal development; promote health and safety including a healthy environment; intervene with actual and potential health problems; provide case management services; and actively collaborate with others to build student and family capacity for adaptations, self-management, self advocacy and learning.

National Association of School Nursing, 2010



What changes at age 14?

- ♦ In Virginia, Secondary Transition planning begins with the IEP in place when the student turns 14
- Secondary Transition:
 - Age appropriate assessment
 - Postsecondary goals
 - Transition services and activities
 - Courses of study
 - Coordinated
 - Annual goals
 - Summary of performance (SoP)



ASSESSMENTS

School nurse gathers and shares relevant heath related information How does it impact the student?

- Screening
- Observation
- Review medical records
- ♦ Relevant interaction
 - Student, family, teachers, community service providers

POSTSECONDARY GOALS

- ♦ Measureable & take place after high school
 - **♦** Employment
 - Education
 - **♦** Training
 - **♦ Independent Living**

COURSES of STUDY

- Classes:
 - Diploma option
 - Planning over time 4 years and longer
 - Health class/PE (for all students)
 - How do health related issues affect classes
 - Math in the morning or afternoon
 - **♦** Stamina
 - Career and Technical Education
 - Internships

ANNUAL GOALS

- ♦ Academic and Functional
 - **♦** Academic
 - Reading, writing, mathematics, Career and Technical Education.....
 - Functional
 - **♦** Executive function
 - **♦** Communication
 - Social
 - Hygiene

SERVICES & ACTIVITIES

- Instruction specialized
- Related services Nursing, OT, PT, AT
- Community experiences community based instruction, volunteering
- Post school adult living
- **♦** Functional Vocational Assessment
 - PERT
 - WWRC

- Coordinating agency linkages
 - SSA, BHDS, DARS
- Using a smart phone for reminders
- ♦ Travel training HandiRide public transit
- Read and understand labels on meds
- ♦ Wheel chair/seating
- **♦** Self advocacy
 - Explain disability to others
 - Supports

AGE of MAJORITY

- Rights transfer to the adult student
- **♦** Getting them ready

 - Making decisions
 - Asking for support
 - ♦ Personal Care Attendant
 - Directing health care
 - **♦** Taking medication

SUMMARY of PERFORMANCE

- Document given to the students as they exit school.
- **♦** Summarize
 - **♦** Academic
 - Functional
 - What needs to happen to continue

RESOURCES

- www.nsttac.org
- www.ttaconline.org
- www.hrtw.org
- www.careconnections.vcu.edu/
- www.adolscentHealth@vdh.virginia.gov
- ♦ http://www.doe.virginia.gov/special_ed/transition_svcs/index.shtml
- ♦ Adolescent Health Transition Project, Center on Human Development and Disability, WA Department of Health, Children and Youth with Special Health Care Needs, June 2011
- School Nurse Organization of Minnesota, Special Education Committee, August 2003
- http://www.vdh.virginia.gov/ofhs/childandfamily/childhealth/cshcn/docu ments/2012/pdf/home/BRIEF.Transition.Sept%2009%20FINAL.pdf